



Grandview Center Activities
for March
614-488-3111

March 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 8am-Weights 9am-Smooth Moves 10am-Line Dance Start: Walk the Parks Challenge	2 8am-Cardio Sticks 9am-Weights 10am-Jazzy Tap 11am - Book Club at Wyman Shelter House	3 8am - Cardio Combo 9am - Weights 10am- Line Dance	4 8am -Cardio Sticks 9am -Weights 10am -Stretch & Balance 10am -Coffee In The Park @Wyman	5 8am -Cardio Sculpt 9am - Weights 10am -Chair Stretch	6 9am- Yoga
7	8 8am-Weights 9am-Smooth Moves 10am-Line Dance Lunch & Learn @ Wyman 11am	9 8am-Cardio Sticks 9am-Weights 10am-Jazzy Tap	10 8am-Cardio Combo 9am - Weights 10am - Line Dance	11 8am - Cardio Sticks 9am - Weights 10am -Stretch & Balance	12 8am - Cardio Sculpt 9am - Weights 10am - Chair Stretch	13 9am - Yoga
14	15 8am-Weights 9am - Smooth Moves 10am -Line Dance	16 8am - Cardio Sticks 9am - Weights 10am - Jazzy Tap	17 8am - Cardio Combo 9am - Weights 10am - Line Dance	18 8am - Cardio Sticks 9am - Weights 10am - Stretch & Balance	19 8am - Cardio Sculpt 9am - Weights 10am - Chair Stretch	20 9am - Yoga
21	22 8am - Weights 9am- Smooth Moves 10am - Line Dance	23 8am - Cardio Sticks 9am - Weights 10am - Jazzy Tap	24 8am - Cardio Combo 9am - Weights 10am - Line Dance	25 8am - Cardio Sticks 9am - Weights 10am - Stretch & Balance	26 8am - Cardio Sculpt 9am - Weights 10am - Chair Stretch	27 9am - Yoga
28	29 8am - Weights 9am - Smooth Moves 10am - Line Dance	30 8am - Cardio Sticks 9am - Weights 10am - Jazzy Tap	31 8am - Cardio Combo 9am - Weights 10am - Line Dance			